



TIFFIN TIMETABLE				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soya & Broccoli Pasta	Schezwan Chilli Toast	Mexican Butterfly	Schezwan Chilla	Manchurian Roti Noodles

Tiffin Expert: Varun Inamdar

Soya and Broccoli Pasta

Serve a box of joy to your little ones with our delicious yet healthy Soya and Broccoli Pasta recipe made with Kissan Pizza & Pasta Sauce. Delight those little taste buds with an array of delectable soya chunks, paneer and broccoli blended together with the authentic flavour of Kissan Pizza & Pasta Sauce making it an irresistible treat to gorge on!

Ingredients:

- Olive oil: 2 teaspoons
- Finely chopped onion: 1
- Blanched broccoli: 1
- Soya chunks: ½ cup
- Baby corn: 2 tablespoons
- Paneer: ¼ cup
- Pepper: 1 teaspoon
- Salt to taste
- Whole wheat fusilli: 1 cup
- Kissan Pizza & Pasta Sauce: 2 tablespoons
- Water as required
- Cheese: 1 tablespoon

Method of Preparation:

- Heat oil in a pan, add chopped onion and saute it well.
- Now, add broccoli, soya chunks, baby corns and paneer. Sprinkle salt and pepper to taste.
- Add fusilli pasta, Kissan Pizza & Pasta Sauce and a splash of water, cook for a minute on high flame.
- Garnish cheese on top and pack it in your kid's tiffin box.

Tiffin Siders:-
Figs and watermelon (or any fruit of your choice).

